



SPEAKERS INFORMATION

Sue Cook (Soul Midwife) – Holistic End of Life Care.

An introduction into the role of the Soul midwife.

A non-medical, holistic approach to support end of life care that draws on ancient skills and traditions and applies them to the modern world. Guiding and supporting the dying in order to facilitate a gentle and tranquil death. We look at the life and death process as the withdrawal of the elements, earth, water, fire and air.

QHHT Group Past Life Regression

A fun gentle introduction into experiencing a past life regression. A guided meditation will take you on a journey back in time where you may experience what life was like during the era of Avebury stone circle.

About Sue:

After experiencing the cold and clinical death of a loved one this led Sue to explore different options for end-of-life care. She became a Soul Midwife 8 years ago and now works privately and also alongside her local hospice. Sue is also a practicing Reiki Master and is ever on the quest to learn more about herself and life in general becoming a QHHT practitioner (past life regression therapist) 5 years ago. Facilitating for clients to receive a profound understanding of themselves and a deeper healing that naturally takes place.

Contact: 07905 345066

Andrea Lancaster – Modern Day Alchemy

A talk focussed on modern day alchemy; what is it and how does it apply to this day and age. Alchemy is a metaphor for spiritual change and enlightenment. We must all connect to our Higher Self and become heart centred, as well as learning to understand our unique abilities. When we start to do this, we see profound changes happen in our lives.

During her talk Andrea will examine and explain some tools and techniques that will enable us to lean into our true state of being. We will draw on these within a collective exercise in the middle and at the end of the session.

About Andrea:

From being a small child Andrea has been aware of spirit. She is a bloodline witch, a gifted medium, psychic, energy healer, mentor and teacher. Andrea has been using her abilities professionally for over 35 years and she is passionate about helping others discover their full abilities and truths.

Website: www.andrealancaster.uk

Helen King - BioEnergetics - Energy4Life

The energy and communication systems of the body are collectively known as the body-field, and they act as a control system for the body's physical activity. This informs the body's biochemistry how to organise and structure itself. If your operating software is working perfectly your body knows precisely what to do and can repair itself. Through assessing the body field, we can then start to correct or rejuvenate blockages within the energy flow throughout the body. By clearing these blockages and restoring the information, order, and efficiency, the body has a remarkable ability to heal itself.

About Helen:

Helen is a lifelong student of energy medicine and bio-resonance, combining ancient wisdom and cutting-edge technologies which beautifully complement one another. She worked with her first love, horses, for many years changing careers in 2004 studying and working with natural therapies treating both humans and animals.

First Class Therapies specialised in pain relief, injury repair and maintaining health.

Helen bought her first SCENAR in 2006 falling in love with BioEnergetics.

Website: www.firstclasstherapies.com

Alan Payne – Introduction to Iridology

If you look closely at the iris (the coloured part surrounding the pupil) in someone's eye you will see a pattern of colours, textures and markings unique to that person. Together, these features form a map, a blueprint, which works on both physical and metaphysical levels to give valuable information about a person's inherited strengths, weaknesses and general state of well-being. Many illnesses occur because of an organ or system imbalance – for instance headaches can be the result of liver dysfunction – and iridology can help to reveal such causes.

About Alan:

Alan is a Herbalist and Naturopathic Iridologist with busy practices in the Midlands and Glastonbury. He is a Fellow of the Guild of Naturopathic Iridologists International and a Member of the Association of Master Herbalists. He teaches private courses and has lectured in Iridology and Herbal Medicine for more than 30 years. He is currently presenting his herbal and iridology courses in Glastonbury and the Midlands.

Website: www.alanpayne.co.uk

Kelly Peacey - Know your numbers to know yourself

During the talk, Kelly will demonstrate why your date of birth is no coincidence and how numbers subtly influence you in multiple ways. She will use Transpersonal Numerology to decode the symbolic and archetypal properties of an individual's numbers to help them reflect on their past and navigate their future by understanding their personality strengths and weaknesses alongside the soul's desire to grow and evolve.

Kelly will take you on a journey through qualities of numbers, combining numerology, hermetic principles, creation patterns, geometry so you can start the process of decoding your own date of birth, so do bring along a note pad and pen.

About Kelly:

Kelly Peacey is metaphysical and spiritual teacher and therapist combining her studies in energy healing, dowsing, and channelling. Known mostly in the field of Crystal Healing for 24 years, she is the Principal of Cotswolds School of Crystal Healing & Awareness and Secretary of the Affiliation of Crystal Healing Organisations in the UK teaching Crystal Healing Therapy.

Website: www.cscha.co.uk

Parm Dlay – Ayurveda - The Science of Life

In Ayurveda, food is as powerful as medicine. A good digestion is the foundation of health, and it begins with a balanced, mindful diet. By eating foods that suit our unique physiology and following a sattvic routine, we can experience vitality at any age. Through Ayurveda, Parm will share how nourishing foods can heal and support your body. Her talk will include how Ayurveda works and how the knowledge and preparation of food can impact and influence your moods, sleep, and digestion. Also, how the stage of your life, and the seasons are all linked to your health. Remember “Food is medicine when consumed properly.”

About Parm:

Parm is an Ayurveda Wellness Coach, based in the beautiful Surrey Hills. Her culinary journey began when embarking on a world of exploration as a trained chef. Along the way she uncovered the deep connection between nutrition, health, and overall well-being. Parm very quickly realised that food is not just about flavour – it profoundly influences our energy levels and vitality.

In Parm’s own words ‘I look forward to sharing this journey with you!’.

Website www.dlayayurveda.co.uk

Andy Burnham – The Old Stones (A Megalithic Journey)

A highly illustrated and fast paced talk based around many of the themes, new discoveries and mysteries highlighted in our book [The Old Stones](#), along with a look at many lesser known but interesting sites - from Cornwall across southern England, up north, Scotland and Ireland, with amazing photos throughout.

Andy’s talk will include The Use of Colour in megalithic monuments, Strange and sonic experiences at stone circles and megalithic tombs, Archaeoastronomy at various sites and the use of long barrows as halls for the living and the dead and much more.

About Andy:

Andy is lead author of 'The Old Stones - the Megalithic Sites of Britain and Ireland', along with other contributors to the huge Megalithic Portal ancient sites web resource which he founded and has been running continuously since 2001. The Old Stones book is the most comprehensive and thought-provoking field guide ever published to the iconic standing stones and prehistoric places of Britain and Ireland and is a previous winner of Current Archaeology Book of the Year.

Website: www.megalithic.co.uk

Adrian Incledon-Webber – Entanglements, Illness Trigger Points and Neural pathways

As energetic beings we all have many long-term memories stored in the oldest part of our brains known as the Reptilian Brain and rather like the hard drive of a computer they can fill up and need to be cleared. By working on our Entanglements (Impulse memory) and Illness Trigger Points (Cellular memory) we can start to lead a happier, untroubled and more fulfilling life. During the talk we will be carry out a healing and clearing any unnecessary blockages, often creating new neural pathways.

About Adrian:

Adrian is one of the foremost house healers, having founded Dowsing Spirits in 2007 he has worked on hundreds of people’s houses clearing them of detrimental energies. His Heal Your Home books have been described as ‘the bibles of geopathic stress’ and have sold thousands copies around the world.

Website: www.dowsingspirits.co.uk